

INDOOR POOL SCHEDULE

Feb 19 to March 31

Monday	5:30 to 6 am	Lakeside Swim Team	3 Lap Lanes available
	6 am to 7 am	Lakeside Swim Team	2 Lap Lanes available
	7 am to 8 am	Aqua Aerobics	4 Lap Lanes available
	8 am to 9 am		8 Lap Lanes available
	9 am to 10 am	Deep Water Aerobics	4 Lap Lanes available
	10 am to Noon	Aqua Aerobics	4 Lap Lanes available
	Noon to 4 pm		8 Lap Lanes available
	4 pm to 5 pm	Aqua Aerobics/Lakeside Swim Team	0 Lap Lanes available
	5 pm to 6 pm	Lakeside Swim Team	0 Lap Lanes available
	6 pm to 7 pm	Lakeside Swim Team	3 Lap Lanes available
7 pm to 7:45 pm	Lap Swim	8 Lap Lanes available	
Tuesday	5:30 to 6 am		8 Lap Lanes available
	6 am to 7 am	Master's Swim Team	2 Lap Lanes available
	7 am to 8 am	Master's Swim Team	2 Lap Lanes available
	8 am to 10 am		8 Lap Lanes available
	10 am to 11 am	Aqua Aerobics	4 Lap Lanes available
	11 am to Noon	Aqua Aerobics	4 Lap Lanes available
	Noon to 4 pm		8 Lap Lanes available
	4 pm to 5 pm	Aqua Aerobics/Lakeside Swim Team	0 Lap Lanes available
	5 pm to 6 pm	Lakeside Swim Team	0 Lap Lanes available
	6 pm to 7 pm	Lakeside Swim Team	3 Lap Lanes available
7 pm to 7:45 pm	Lap Swim	8 Lap Lanes available	
Wednesday	5:30 to 6 am		8 Lap Lanes available
	6 am to 7 am		8 Lap Lanes available
	7 am to 8 am	Aqua Aerobics	4 Lap Lanes available
	8 am to 10 am		8 Lap Lanes available
	10 am to Noon	Aqua Aerobics	4 Lap Lanes available
	Noon to 4 pm		8 Lap Lanes available
	4 pm to 5 pm	Lakeside Swim Team	3 Lap Lanes available
	5 pm to 6 pm	Lakeside Swim Team	0 Lap Lanes available
	6 pm to 7 pm	Lakeside Swim Team	3 Lap Lanes available
	7 pm to 7:45 pm	Lap Swim	8 Lap Lanes available
Thursday	5:30 to 6 am		8 Lap Lanes available
	6 am to 7 am	Master's Swim Team	2 Lap Lanes available
	7 am to 8 am	Master's Swim Team / Aqua Aerobics	0 Lap Lanes available
	8 am to 9 am		8 Lap Lanes available
	9 am to 10 am	Deep Water Aerobics	4 Lap Lanes available
	10 am to 11 am	Aqua Aerobics	4 Lap Lanes available
	11 am to Noon	Aqua Aerobics	4 Lap Lanes available
	Noon to 4 pm		8 Lap Lanes available
	4 pm to 5 pm	Aqua Aerobics/Lakeside Swim Team	0 Lap Lanes available
	5 pm to 6 pm	Lakeside Swim Team	0 Lap Lanes available
6 pm to 7 pm	Lakeside Swim Team	3 Lap Lanes available	
7 pm to 7:45 pm	Lap Swim	8 Lap Lanes available	

Friday	5:30 to 10 am		8 Lap Lanes available
	10 am to Noon	Aqua Aerobics	4 Lap Lanes available
	Noon to 4:30 pm	Open Swim / After School Program (3:30-4:30)	4 Lap Lanes available
	4:30 pm to 6:30 pm	Lakeside Swim Team	0 Lap Lanes available
	6 pm to 7 pm	Lakeside Swim Team	2 Lap Lanes available
		There are lanes available 6:30 to 7 p.m	
Saturday	8 am to 10 am		8 Lap Lanes available
	10 am to 11 am	Aqua Aerobics	4 Lap Lanes available
	11 am to Noon		4 Lap Lanes available
	Noon to 4:45 p.m	Open Swim	4 Lap Lanes available
Sunday	1 pm to 5:45 pm	Open Swim	4 Lap Lanes available

Frog Pool Hours
12 p.m. to Close each day