Welcome to the Shelbyville Stingrays!

We hope to create an environment of fun and swimming excitement for part of your summer.

Page 3 of this packet may need to be printed out multiple times. We will need one page for each swimmer so we can: 1) Order team and Parent yellow t-shirts

2) Check off dates that you may attend meets for meet entry (You can change this during the season if needed)

Description of Athlete Assistance Positions listed on the last page.

Please see how you can help us run fast and efficient meets.

If you swim with a year round USA Club team or have any questions, please contact Head Coach Tom Coons, ShelbyStingrays@gmail.com

Registration Dates and Costs:

Current FAC Members - Sign Up Starts April 6th

Returning Stingrays - Sign Up Starts April 16th

New Stingrays - Tryouts April 21nd at Noon (or by appointment)

Open Sign Ups Starts April 21st

Cost: 1 Swimmer 2 or More Swimmers

Current FAC Member \$100 \$170

Non FAC Members \$210 \$230 Swimmer only. Does not include Family Membership

\$325 \$355 includes 3 month (quarterly) Family FAC Membership

Your registration fee now includes a group team photo per Family.

Parent Yellow T-Shirts may be ordered on the Swimmer Info / Meet Entry Page. \$10 each

Practice Times M-F

6 & Under 10:50-11:30 a.m.
7-8 Years Old 10:50-11:30 a.m.
9-10 Years Old 10 - 11 a.m.
11-12 Years Old 10 - 11 a.m.
13-14 Years Old 9 - 10 a.m.
15-18 Years Old 9 - 10 a.m.



WAIVER OF LIABILITY AND TERMS OF PARTICIPATION:

- I. I understand that baseball, softball, football, basketball, soccer and other sports, camps, fitness and aquatic programs are dangerous and that I or my child could be killed or seriously injured while participating. Injuries that could occur include but are not limited to: paralysis, brain injury and broken bones. I understand that if my child is participating in a youth sports program that he/she will be coached by volunteer coaches who will not be full-time or professionally trained. Recognizing the inherent risks associated with participating in the above noted program and still desiring myself or my child to participate, I hereby agree to indemnify and hold harmless the Shelbyville/Shelby County Parks and Recreation Department, Shelby County Fiscal Court, City of Shelbyville, and the members, employees and all individuals responsible for the conduct of activities involving myself or my child(ren) for claims including, but not limited to claims of personal injury, hospitalization, etc. I also understand that the Parks & Recreation department strongly recommends that each participant have medical approval before participating in any sport, aquatic, or fitness related program, and that I must inform the Department of any medical condition that may require special attention or treatment.
- II. I warrant that my child(ren) or I are privately insured with a medical insurance policy. I understand the Shelbyville/Shelby County Parks and Recreation Department provides minimal insurance coverage, in certain programs only, that provides coverage once my present insurance is expanded. This coverage is on the participant during sport or activity participation only and does not provide coverage during transportation to and from the event.
- III. I understand that registration fees must accompany this application in order for it to be processed. (Please make checks payable to Shelby County Parks.) Any questions concerning fees, please contact the athletic department at 502-633-5059. I understand that the Department will not issue refunds after leagues have been drafted unless there is a medical reason that my child or I cannot participate. I understand that in non-competitive leagues or other programs, refunds must be requested in writing 5 business days prior to the program's start date. In the case of injury or illness where my child or I cannot participate, a doctor's statement must be received within 10 business days of seeking treatment stating why the individual cannot participate.
- IV. I understand and give permission for the Parks and Recreation Department or local media to photograph or record my child or me during participation in Parks and Recreation Department sponsored activities and to utilize them in advertising and/or promotion both in print and on the Department's website and social media.
- V. In the event of an emergency, I give my permission for a representative of the Recreation Department and/or ambulance service to provide treatment as is normal and prudent and to transport my child or myself to the nearest medical facility to render treatment.

I, the undersigned, understand and agree to the above listed conditions.

Authorized Adult's Signature	Date				
PAYMENT INFORMATION:					
Include your voluntary donation to	o the Parks Fund: \$3	\$5	\$10		
Amount Paid	Reference #_	Reference #		_	
Date					



ATHLETE INFORMATION

all Adult Medium	Adult Large
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out below. \$10 per s	shirt.
ShelbyStingrays@gma Entries cannot be cha	
Age as of June 1	st
	Entries cannot be cha

Meet and Date	YES or NO Swimmer is attending	Athlete Assistance Position requested		
6/11 v Hillcrest (Home)		•		
6/18 at Woodmont (Away)				
6/25 v Persimmon Ridge (Home)				
7/2 at Oxmoor (Away)				
7/9 v Polo Fields (Home)				
7/14 Championships at Uof L				



Athlete Assistance

Athlete Assistance Positions are needed at every meet. Parents must work the entire swim meet. Please indicate which meets and position you will work. Descriptions of Athlete Assistance positions are listed.

Certified Stroke and Turn Official: The League offers an Official training session that teaches you how to fulfill this position. Officials need to be familiar with the different swimming strokes and rules governing those strokes. We need 2 officials for each meet, so at least 6 parents willing to fill this position.

Computer Scorer: During the meets this person inputs meet results into the computer, scores the results and posts on wall. This shift starts before the meet starts and ends after the meet ends. LSA offers a training session for this. We need at least 2 people willing to learn this position.

Ribbons/Awards: 1-2 people per meet. This person takes the labels that the computer person prints for them, places them on ribbons and sorts the ribbons into our team boxes. Timers: 6-8 per meet. Timers sit at the end of the lanes and time the races with a stopwatch. They check the swimmers name against the swimmer on the sheet provided and write down the time that the swimmer achieved. Timers must pay attention the entire meet. They start the watch with the light on the starters stand, and stand up at the end of races to watch their lane's swimmer finish and stop their watch.

Age Group Parent/Clerk of Course: THIS IS AN IMPORTANT JOB!!! 2-3 Assistants are needed in each gender and age group for each meet. Age group parents are expected to help the Assistant Coaches keep their Age Group together, line the swimmers up for their events, take them to the start of their race and make sure they start their race in the correct lane and correct heat. These people will be provided with an attendance sheet at the beginning of each meet that has all of the swimmers names and the events that they are in that night. Many find it helpful to write the swimmers name on their cap, arm or back and the events that they are in on their arm in permanent marker. They are to check all of their swimmers in and report to the Coach if a swimmer is not in attendance.

Meet Set Up and Clean Up: 1-2 people for home meets only. Organize the deck for the swim meet, set chairs up in the correct position get bleachers set up, post age group signs, anything that is needed pre meet. They also help pick up trash, replace chairs and clean up after the meet.

Social Committee: We need 4-6 parents to form a committee who are willing to plan and organize the social activities for the swim team, and the end of season Banquet. We would like one pizza party, one donut morning and our end of season team Banquet. These people need to be willing to organize, delegate and works well together. This Committee will be responsible for the preparation for the event, running the event, and clean up from the event. These 4-6 people will be exempt from, but not excluded from, working the meets as they will be running all the social events.

And of course

Timer: We need several parents each meet to time.



Clear Creek Park - Family Activity Center Membership Sign- Up Sheet



Name:	Gender M / F:	Age:	_ DOB:	Company Name:
Current FAC Member who referred your				
Other Family Members included on men	nbership	1 10 10	a.*	
Name:	Gender M / F:	Age:_	DOB:	Relation:
Name:	Gender M / F:	Age:_	DOB:	Relation:
Name:	Gender M / F:	Age:_	DOB:	Relation:
Name:	Gender M / F:	Age:_	DÖB:	Relation:
Name:	Gender M / F: _	Age:_	DOB:	Relation:
Street Address:			City:	·
State: Zip Code:				•
E-Mall:			and the second	
Emergency contact Person:	Re	elation:	Phon	ne:
Family Physician:		. The state of	er 1 der een	·
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Individual	2 addits bei membelsinb		Vourth (0:12)	
Family		,	Youth (9-13) Senior (60 or old	der)
Couple			Senior Couple (I	
Family: A family is defined as a single parent or		N. a.	. H 25	i e
Dependent child: A child under the age of 18. A				e dependent child.
Couple: A legally married couple with no dependence of the serior: An individual of 60 years of age or older	· · · · · · · · · · · · · · · · · · ·	e dependent m	iay aiso quality.	
Have you been a member here		Vac dava	u nood nasu	mambarchin carda? Vac / No
		•		•
				ne Family Activity Center on backside of page
A:	30-day written notice is Note: Annual week FAC			
lan P	ool availability will vary		_ ,	•
cap r	oor availability will vary	MMC (O 3441)	in team practic	eş anu illects
Signature:			Date	
	Live. Play	v. Parks.		

Policies and Procedures

FAC Hours

Monday - Friday 5:30am - 9 p.m. Saturday 8:00 am - 9:00 p.m. Sunday 1:00 p.m. - 6:00 p.m.

*Pool Hours may vary, check Pool hours

Front Desk

- Members must show FAC membership card when entering building
- All fees must be paid at Front Desk

General FAC Rules

- Children must be at least 12 years of age to enter building without adult supervision
- Children under 11 years of age must have adult supervision at ALL times.
- Must be 14 years of age to use weight room and indoor track
- Food and drinks are only allowed in concession area
- Shirts and Shoes must be worn outside of locker room and pool area
- Profanity, Disruptive Behavior and/or conduct that is not tolerated within the FAC and will result in SUSPENSION, Dismissal or REVOKING of Facility and Park privileges.

Indoor Track

- Must be 14 years of age to be permitted use on track
- Shirt and shoes required on track
- No roller blades, skates or baby strollers allowed on track
- The inside lane if for walkers and outside lane for runners.

Fitness Center

- Must be 14 years of age to use Weights, Nautilus machines, treadmills, ellipticals, bikes
- Proper clothing required (shirts, shoes, shorts, NO Swimsuits)
- Clean machines after each use with Gym Wipes or rag and cleaner
- Orientations on gym equipment are recommended for members of the Family Activity Center (See front desk to schedule)

Gymnasium

- Children under 7 years of age must have adult supervision
- Food and Drink are NOT Allowed in Gym.
- Gym shoes are required. Shirts and shorts required. No swimsuits.

Pool

Summer Pool Hours Indoor Pool Hours Same as Pool Hours above except Monday - Friday 5:30 a.m. - 8:45 p.m. Monday - Friday closed 9:00 a.m. - 12:30 p.m. Saturday 8:00 a.m. - 8:45 p.m. (Due to swim teams, swim lessons and water aerobics) 1:00 p.m. - 5:45 p.m. Sunday

- See Indoor Pool schedule for open swim and lap lane availability.
- This schedule is available at the FAC Front Desk, Pool and www.shelbycountyparks.com
- Children 5 and under must have adult supervision in water
- Children 11 and under must have adult in pool area
- Coast Guard approved pool flotation devices
- Children not yet potty trained must wear swim diapers
- Children using flotations devices must swim with an adult at all times.

Pool Party Room

- Reservations must be made in advance
- Cake, Ice Cream and other food is allowed
- Party Room capacity is 20-person maximum
- Food must remain in party room only. No food allowed on pool deck.

Nursery

- For ages 7 and under
- Hours
- Monday Friday

8:30 a.m. -11:00 a.m.

Monday - Thursday

5:00 p.m. – 8:00 p.m.

Agreement to follow all of the above FAC rules, policies and procedures.